

10 FACTS YOU MUST KNOW ABOUT TETANUS

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Watch out for **DEBRIS AFTER A TYPHOON** where the risk of tetanus is high.

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Tetanus is a complication of **WOUNDS & INJURIES.**

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Tetanus bacteria are everywhere, including **DIRT & SOIL.**

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CAREFUL CLEANING of wounds can substantially decrease the risk of tetanus.

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Protect cleaned wounds from **recontamination** with dressings, and/or topical disinfectants.

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The incubation period is 3–21 days. Most tetanus cases occur within **14 DAYS.**

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Tetanus symptoms include fever & sweating, jaw cramping, muscle spasms & stiffness, trouble swallowing & high blood pressure.

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For tetanus prone injuries, WHO recommends **going to your nearest health center** as soon as possible.

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NEONATAL TETANUS is often fatal, pregnant women must get vaccinated to protect both mum and child.

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Without treatment, tetanus can be fatal. **VACCINATION** is the best protection.

Learn more about Tetanus at <http://www.wpro.who.int/topics/tetanus/en/>